

Goldendoodle Food Checklist

Choosing the Right Nutrition
for Your Pet

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Checklist



01

Real Meat, Poultry, or Fish as the First Ingredient

Look for a food that lists real meat, poultry, or fish as the primary ingredient, ensuring a good source of quality protein.

02

High-Quality Protein

Ensure the food contains high-quality protein sources, such as chicken, turkey, salmon, or lamb, to support your Goldendoodle's muscle development and overall health. Meat proteins are much more bioavailable to dogs than plant proteins, so look for meat proteins as the first few ingredients and avoid formulas with ingredients such as corn gluten, wheat gluten or having legumes as one of the first 3 ingredients.

03

Antioxidant-Rich Formulas for a Healthy Immune System

Choose a food with antioxidant-rich ingredients like fruits and vegetables, which help support your Goldendoodle's immune system.

04

Prebiotics for a Healthy Digestive Tract

Opt for a food that includes prebiotics, such as chicory root or inulin, to promote a healthy balance of gut bacteria and support digestion.



05

Taurine for Heart and Eye Health

Look for a food that lists real meat, poultry, or fish as the primary ingredient, ensuring a good source of quality protein.

06

Omega-3 Fatty Acids for Skin and Coat Health

Ensure the food contains Omega-3 fatty acids, such as fish oil or flaxseed, which promote a healthy skin and coat.

07

Natural Source of DHA for Healthy Brain Development

Choose a food that includes a natural source of DHA, such as fish oil or algae, to support your Goldendoodle's brain development.

08

Complete and Balanced Nutrition

Make sure the food provides a well-balanced blend of proteins, fats, carbohydrates, vitamins, and minerals to meet your Goldendoodle's nutritional needs.

09

Formulated for Reduced Stool Volume

Consider a food specifically formulated to help reduce stool volume, promoting easier cleanup and digestive efficiency. Ideally a dog food company will be transparent enough to share the digestibility of their food. You want digestibility well over 80%.



10

Natural Glucosamine for Joint Health

Look for a food that contains natural sources of glucosamine, such as chicken cartilage or shellfish, to help maintain healthy joints.

11

Balanced Calcium and Phosphorus for Bone and Tooth Health

Ensure the food has a balanced ratio of calcium and phosphorus, essential for your Goldendoodle's bone and tooth health.

12

Developed by Veterinarians and Nutritionists

Choose a food brand that has been developed with input from veterinarians and nutritionists, ensuring the formulation meets your Goldendoodle's specific needs.

13

Made in the U.S.A

Consider foods manufactured in the U.S.A., as they generally adhere to higher quality standards and regulations.

14

No Poultry By-Products

Avoid foods that contain poultry by-products, opting for those that use real meat and avoid low-quality fillers.

15

No Corn, Wheat, or Soy

Choose a food that is free from corn, wheat, and soy, as these ingredients may trigger allergies or digestive issues in some dogs.



16

No Added Sugars or Sweeteners

Look for a food that does not contain added sugars or sweeteners, as these additives offer no nutritional benefit and may contribute to weight gain.

17

No Artificial Colors, Flavors, or Preservatives

Opt for a food that is free from artificial colors, flavors, and preservatives, ensuring a natural and wholesome diet for your Goldendoodle.

18

Responsibly Sourced

Consider foods that emphasize responsibly sourced ingredients, promoting sustainability and ethical practices.

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